

Hiking in the Gorges du Verdon

You can reach several trails by bus (regional lines* and Blanc-Martel shuttle) from the arrival and starting points in the villages served.

Choose and prepare your hikes

The Gorges du Verdon hiking map which shows 23 hikes suitable for different types of hikers is on sale (€4) in the various tourist offices and at the Maison du Parc.



www.cheminsdesparcs.fr the hiking offer portal has several itineraries in the Gorges du Verdon (downloadable trail cards and digital application).



Being able to reach the trails without a car means:

- Less stress because all the parking areas in the Gorges are often saturated.
- Less fatigue and increased safety: after several hours' walking, it's good to have someone to take you back.
- It's better for the environment thanks to the kilos of CO² avoided.

You are in a site which is both magnificent and fragile.
Help us to protect it !



* The timetable for the regional lines which correspond to those in this document can be consulted on the website: zou.maregionsud.fr (LER 27, BV1, BV2 lines)

zou.maregionsud.fr

The Blanc-Martel shuttle has been managed since 2020 by the Verdon Natural Regional Park as part of the projected Gorges du Verdon Grand Site.

It is built around the regional BV1 line (Riez-Castellane) of the Sud Provence-Alpes-Côte d'Azur Region.

This is an experiment and we would be most grateful for any remarks and suggestions for improvement!: info@parcduverdon.fr

Practical information

TOURIST INFORMATION OFFICES

- ◆ Castellane 04 92 83 61 14 www.verdoutourisme.com
- ◆ La Palud-sur-Verdon 04 92 77 32 02 www.verdoutourisme.com
- ◆ Moustiers-Sainte-Marie 04 92 74 67 84 www.moustiers.fr
- ◆ Riez 04 92 77 99 09 - www.ville-riez.fr www.dlva.fr/tourisme

TAXIS

- **Castellane :**
Taxi Castellane : 06 11 26 97 31 / 06 15 13 82 47
Taxi Vincent : 06 83 68 46 82 / 07 72 24 82 11
Taxi Guichard : 06 07 63 91 32 / 04 92 83 60 80
- **La Palud-sur-Verdon :**
Taxi La Palud : 06 20 32 87 47 / 06 63 93 56 18
- **Moustiers-Sainte-Marie :**
Taxi de l'étoile - 06 07 37 33 78
- **Riez :** Taxi Abeille : 04 92 77 97 66
Taxi Florenzano : 06 87 44 14 57
- **Rougou :** Taxi Verdon : 06 68 18 13 13
- **Roumoules :** Taxi Roumoules 06 81 32 80 79

Parc du Verdon : 04 92 74 68 00
www.parcduverdon.fr

WEATHER FORECAST 08 92 68 02 04

IN CASE OF EMERGENCY 112



A must for your hike! Blanc-Martel SHUTTLE



FROM
JULY
2020



Take the shuttle and the regional lines from Riez, Roumoules, Moustiers-Sainte-Marie and Castellane to get to your hikes in the heart of the Gorges du Verdon (depending on time of year).



The BLANC-MARTEL TRAIL without your car...



photo © verdon-pictures.com

A symbolic hike in the heart of the Gorges du Verdon from Chalet de la Maline (La Palud-sur-Verdon) to Point sublime (Rougou).

This trail is not a loop, but the Blanc-Martel trail transport service takes you from the trail head to the point of arrival without having to use two cars!

6 1/2 hours – 15 km – 600 m of positive altitude change

Not recommended for children under 8. Dogs and mountain bikes not allowed on the trail: A trail to avoid if you suffer from vertigo.

Caution! Be very careful if you go near the banks of the river, the level of the water can rise rapidly when water is released from the dams upstream.

Equipment: hiking boots, a torch for the tunnels, a minimum of 2 litres of water per person, a warm jacket and a hat.

How do the regional line and the Blanc-Martel shuttle work?

The BV1 links Riez to Castellane and goes through the village of La Palud-sur-Verdon. From La Palud-sur-Verdon, the Blanc-Martel shuttle takes you to the trail head at Chalet de la Maline. The trail ends at Point Sublime (municipality of Rougon). You can do the return trip on the regional line to Riez or Castellane, or the Blanc-Martel shuttle to the village of La Palud-sur-Verdon.

BV1 REGIONAL LINE

* The timetable of the buses which are complementary to those in this document can be consulted on the zou.maregionsud.fr site (LER 27, BV1, BV2 lines)

FROM RIEZ		Every day	
		Until 11 th october	Until 30 th August
OUT	Riez - Pré de foire	Go directly to la Palud-sur-Verdon	9h25
	Roumoules - RD 952		9h30
	Moustiers déviation RD 952		9h45
	La Palud-sur-Verdon - village		10h20

To get to the Blanc-Martel Trail, see the Blanc-Martel shuttle >

BACK	Rougou - Point sublime	Does not run	18h50
	La Palud-sur-Verdon - village		19h05
	Moustiers déviation RD 952		19h40
	Roumoules - RD 952		19h55
	Riez - Pré de foire		20h00

FROM CASTELLANE		Every day	
		Until 11 th october	
OUT	Castellane - Place M. Sauvaire	7h35	
	Castellane - Camping Sandaya	7h43	
	Castellane - Camping Chasteuil	7h50	
	Castellane - Camping Huttopia	7h55	
	Rougou - Pont de Soleils	8h00	
	Rougou - Carajuan	8h05	
	Rougou - Point sublime	8h10	
	La Palud-sur-Verdon - village	8h25	

To get to the Blanc-Martel Trail, see the Blanc-Martel shuttle >

BACK	Rougou - Point sublime	17h25
	Rougou - Carajuan	17h30
	Rougou - Pont de Soleils	17h35
	Castellane - Camping Huttopia	17h40
	Castellane - Camping Chasteuil	17h45
	Castellane - Camping Sandaya	17h52
	Castellane - Place M. Sauvaire	18h00

Parking

In Riez: car park near the stadium on the left as you come into the village from Allemagne-en-Provence (300 m from the Pré de Foire stop).

In Castellane: Parking du Gymnase, on the left as you come into the village from La Palud-sur-Verdon (400 m from the Marcel Sauvaire stop).

NB: parking difficult elsewhere in both villages on Wednesday and Saturday (market days).

Regional linefares: 1 trip €2/passenger, ticket sold on zou.maregionsud.fr or on the bus

BLANC-MARTEL SHUTTLE

July/August every day		
Morning trips		
La Palud-sur-Verdon - sud	Due to health situation, time- tables will be adapted during the season*	
Chalet de la Maline départ du sentier		
La Palud-sur-Verdon - sud		
Afternoon trips		
La Palud-sur-Verdon - sud		
Point sublime - arrivée du sentier		
La Palud-sur-Verdon - sud		

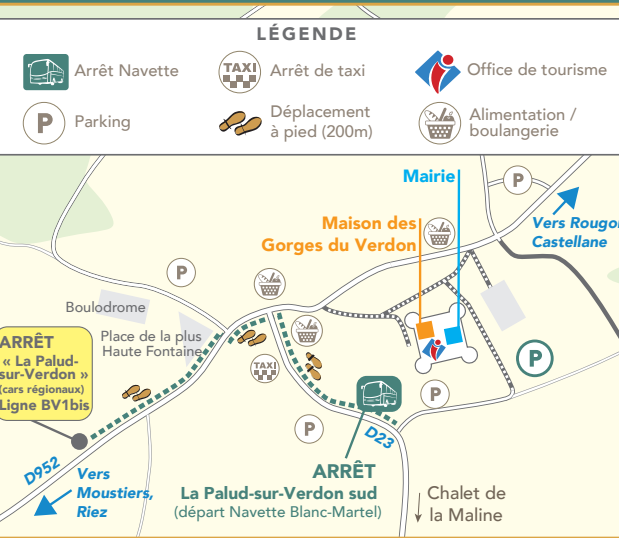
* The Covid-19 health crisis has not allowed us to set shuttle times. Contact the tourist offices or: www.parcduverdon.fr/navette-blanc-martel

Blanc-Martel shuttle fares: Out / Back

€8/ adults • €6 under 12s
Tickets for sale only in the bus
(cash or credit card)



MAP LA PALUD-SUR-VERDON



Shuttle run by Autocars Delaye